



THEMBA TUTORS

# Mastering Time Management in Middle School

Students using planners are 40% more likely to turn in assignments on time



Planner



Prioritizing tasks reduces academic stress by 35%

A structured daily schedule boosts productivity by 25%

Digital reminders increase task follow-through by 30%



my **DAILY ROUTINE**



Tracking time spent on tasks helps students improve focus by 20%

Daily checklists boost overall task completion rates by 40%

With the right strategies, time management becomes a superpower!