

Join our whole-day event where experts in the field will provide valuable insights and practical tips through engaging discussions.

# ENHANCING EXECUTIVE FUNCTIONING AND DIGITAL CITIZENSHIP:

A Whole-Day Workshop for Educators

REGISTER NOW!



 **CRAIG SELINGER**

CEO, Themba Tutors LLC  
M.S., Licensed Language Pathologist



 **MANUELA ARONOFSKY**

M.S., Library & Information Science  
Youth Tech Integrator





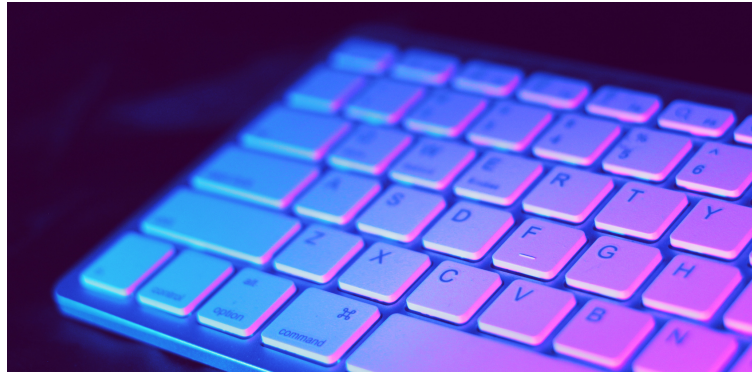
# ENHANCING EXECUTIVE FUNCTIONING AND DIGITAL CITIZENSHIP: A FULL-DAY WORKSHOP FOR EDUCATORS

**DURATION:  
FULL DAY**

\*\*\*The workshop can be customized based on the specific needs and preferences of the participants. Additional time can be allocated for group activities, discussions, or practical exercises, as desired.\*\*\*

## **1** INTRODUCTION AND IMPORTANCE OF DIGITAL CITIZENSHIP (30 MINUTES)

- Welcome and workshop objectives.
- Overview of the importance of digital citizenship in the context of adolescents and digital media.



## **2** INTEGRATING EXECUTIVE FUNCTIONING & DIGITAL ESSENTIALS (60 MINUTES)

- Introduction to executive functioning skills and their relevance to digital media education.
- Identifying key digital essentials concepts (e.g., digital etiquette, responsible decision-making).
- Strategies for integrating executive functioning and digital essentials into the curriculum.

This full-day workshop provides educators with practical strategies to integrate executive functioning skills, digital citizenship, and digital essentials into their curriculum for adolescents. Participants will gain an understanding of the impact of digital media on students and learn how to foster responsible and ethical digital citizenship. The workshop will focus on key concepts and skill-building activities to enhance students' executive functioning and empower them in the digital age.

## **3** SKILL-BUILDING ACTIVITIES FOR STUDENTS (60 MINUTES)

- Practical exercises to foster executive functioning skills (e.g., goal-setting, time management)
- Critical thinking activities related to digital media and responsible decision-making.
- Digital habit check-ups to promote self-reflection and improvement.

**Empower Your Students  
& Elevate Your Teaching  
Skills.**

**Join Us Today!**



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## 7 PLANNING AND IMPLEMENTATION (15 MINUTES)

- Tips for developing an implementation plan to integrate executive functioning, digital citizenship, and digital essentials into the curriculum.
- Importance of ongoing evaluation and improvement.

## 5 ADDRESSING STUDENTS' EMOTIONS & ONLINE BEHAVIOR (45 MINUTES)

- Strategies for helping students manage their emotions effectively while navigating the digital world.
- Promoting healthy screen time limits and self-awareness about online behavior.

## 8 CONCLUSION AND QUESTION & ANSWER (15 MINUTES)

- Summary of key takeaways
- Addressing participants' questions and concerns

**Register Now!**

## 6 ENGAGING FAMILIES AS PARTNERS (30 MINUTES)

- Collaborative approaches with parents to reinforce consistent messaging about digital citizenship, and executive functioning.
- Sharing resources and strategies to support responsible digital habits at home.

