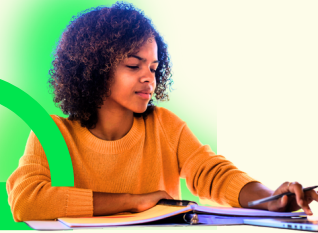




ACCOUNTABILITY COACHING SESSIONS

Many of our clients have experienced positive results from our optional accountability/check-in sessions.



WEEK 01

MONDAY



60 Minute Executive Function Coaching

TUESDAY

10 WEDNESDAY



10 Minute Remote Check-in Session

THURSDAY

20 FRIDAY



20 Minute Remote Check-in Session

**10 MINUTE + 20 MINUTE
= 30 MINUTE REMOTE CHECK-IN SESSION**

30



15



15

= 60 MINUTE REMOTE CHECK-IN SESSIONS

WEEK 02

MONDAY



60 Minute Executive Function Coaching

5 TUESDAY



5 Minute Remote Check-in Session

5 WEDNESDAY



5 Minute Remote Check-in Session

THURSDAY

5 FRIDAY



5 Minute Remote Check-in Session

**5 MINUTE + 5 MINUTE + 5 MINUTE
= 15 MINUTE REMOTE CHECK-IN SESSION**

WEEK 03

MONDAY



60 Minute Executive Function Coaching

5 TUESDAY



5 Minute Remote Check-in Session

5 WEDNESDAY



5 Minute Remote Check-in Session

5 THURSDAY



5 Minute Remote Check-in Session

FRIDAY

YOU HAVE REACHED YOUR 60 MINUTE LIMIT.

TOP UP NOW!

****Get another 60 MINUTE worth of remote check-ins for \$125.****