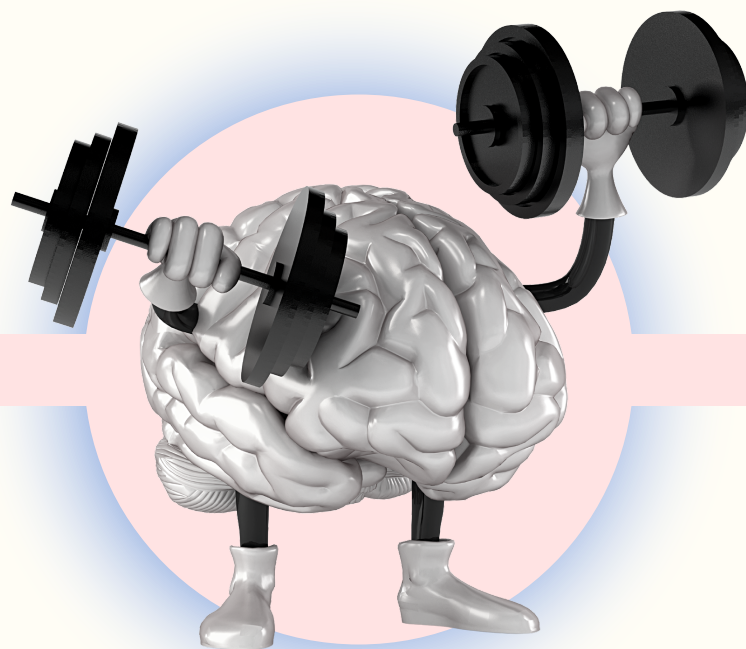


13 Executive Function Skills for Academic Success!



Metacognition



Goal-directed Persistence



Prioritization



Planning



Organization



Self-Monitoring & Self-checking



Task Initiation



Sustained Attention



Response Inhibition



Time Management



Remembering/ Studying



Emotional Control



Flexibility